



## **JOB POSTING: Nutritionist, Go!Healthy Eat Smart New York Program (*Part-time*)**

### **POSITION SUMMARY:**

The Children's Aid Society (CAS) helps children in poverty to succeed and thrive. We do this by providing comprehensive supports to children and their families in targeted, high-needs New York City neighborhoods. In 2003, CAS launched a number of programs aimed at preventing and slowing the rates of childhood obesity in the communities we serve. The programs come together under the umbrella of Go!Healthy, a comprehensive obesity prevention and health promotion initiative that engages children from birth through adolescence, as well as parents and staff. For information about the Go!Healthy programs, please visit: [www.childrensaidsociety.org/nutrition](http://www.childrensaidsociety.org/nutrition)

**The Go!Healthy Eat Smart NY program** is the newest addition to the CAS Go!Healthy portfolio of programs. It is a Supplemental Nutrition Assistance Program (SNAP) Nutrition Education and Obesity Prevention program, which aims to improve eating habits and physical activity behaviors among the youth and families served by The Children's Aid Society. The intervention includes behaviorally-focused, evidenced-based nutrition education classes and food demonstrations with children and adults, the implementation of policy and environmental strategies to facilitate the adoption of healthy nutrition and physical activity behaviors, and the use of social marketing and media.

We are seeking a **part-time nutritionist (20-25 hrs/week)** to implement the full portfolio of Eat Smart NY services at select Children's Aid Society's sites in East and Central Harlem. The nutritionist will report to the Program Manager for the Go!Healthy Eat Smart NY program and will be responsible for implementing a variety of program components, including: implementing of nutrition and cooking education classes with youth and parents, leading program promotional table with nutrition information and food samples, hosting staff workshops on healthy eating and positive role modeling, participating in/facilitating wellness councils, coordinating with partners around community gardening and other food access initiatives, among other duties; the nutritionist is the resident health and wellness advocate at our sites.

The ideal candidate will be **bilingual (English/Spanish)** and a dynamic educator with significant experience providing cooking-based nutrition education in community settings to culturally diverse audiences.

### **RESPONSIBILITIES:**

- Implement nutrition and cooking education with youth and adults.
- Host educational tables and cooking demonstrations at community events and fairs.
- Assist with the implementation of staff trainings and professional development workshops.
- Assist with the implementation of wellness council and food access projects.
- Assist with data collection and administrative duties as needed.
- Community health and wellness advocate: be available for and willing to answer questions/facilitate discussion.
- Attend team meetings and trainings.

## SKILLS AND QUALIFICATIONS:

- **Candidate must be bilingual (written and oral) in English and Spanish.**
- A minimum of 15 credits of nutrition classes required. Master's degree in nutrition, public health or related field is preferred. Registered Dietitian or eligible is a plus.
- Experience conducting nutrition and cooking education with youth and adults.
- Significant cooking experience in personal or professional capacity.
- Experience working in diverse community settings. Experience in Latino communities a serious plus.
- Passionate and dynamic educator who connects well with and inspires people of diverse ages and backgrounds.
- Energetic, with great capacity to prioritize and juggle multiple projects efficiently.
- Excellent communication skills, both verbal and written.
- Loves working in a team and values cultivating a strong team dynamic.
- Organized, detail-oriented and self-motivated.

Pay rate: **\$30/hour**. Position to be filled in ASAP – timeline for hiring/training/on-boarding could be flexible, but immediate availability is preferred.

To apply, please submit your resume and cover letter via email to: Alyson Abrami, MS, RD, Director, Food and Nutrition Programs, [aabrami@childrensaidsociety.org](mailto:aabrami@childrensaidsociety.org)